

# Invisalign® Virtual Care

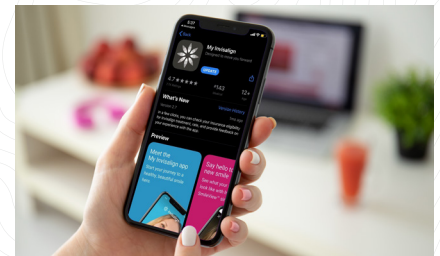
## Connected. Convenient. Confident.

**Invisalign Virtual Care is a solution that allows you to stay virtually connected with your Invisalign provider. Using the My Invisalign app, share photos with your doctor, receive feedback and ensure that you're on track with your new smile. Feel confident knowing that your doctor is overseeing your Invisalign journey.**

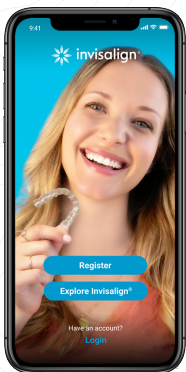
### Getting started.

#### 01 Download the app

Once your Invisalign provider has enrolled you in Virtual Care, you'll receive an email invitation to set up your account. Follow the "Get started now" link download/update your free My Invisalign app.



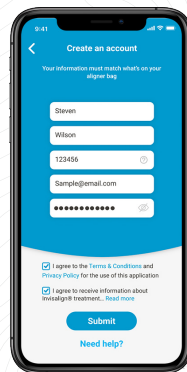
#### 02 Set up your account



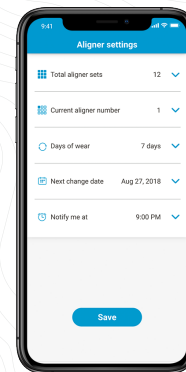
Click "Register" and review Terms & Conditions.



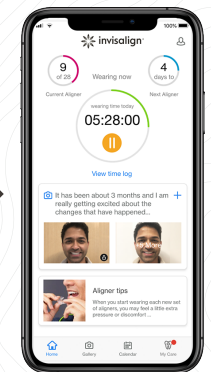
Are you an existing patient? Choose "Yes." Scan your bag or enter your patient ID manually.



Enter account info and create your PIN.



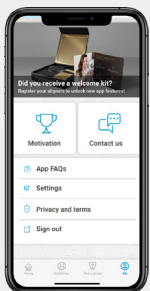
Choose your aligner settings and reminders.



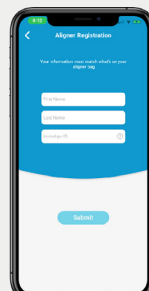
Enjoy your account and send photos with each aligner change.

#### + Already have a My Invisalign account?

If you have already registered for a My Invisalign account, follow the steps below to add Invisalign Virtual Care.



Log in. Tap the welcome kit image in the "Me" section.



Enter your first name, last name and Invisalign ID.



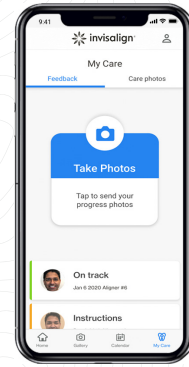
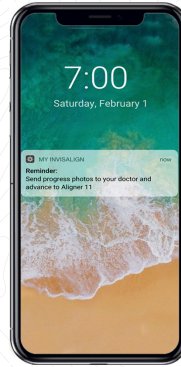
Scan your aligner bag to proceed with connecting your account.

# Your Virtual Care experience

**+ With each aligner change, you'll take one video and three photos to submit to your doctor:**



- 180° video with cheek retractors and aligners on
- One smiling photo with your aligners and cheek retractors on, with a slightly open bite
- One photo with your aligners off and cheek retractors on, biting down completely
- One smiling photo with aligners and cheek retractors off

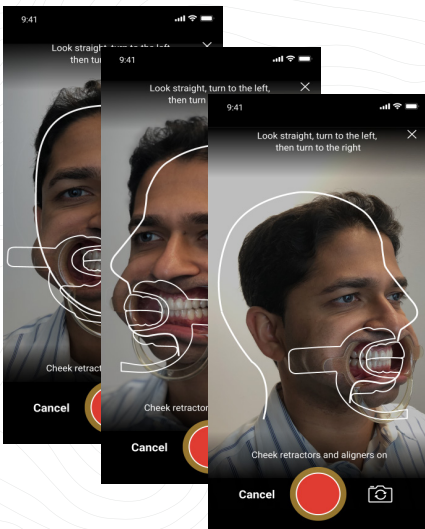


**+ You'll receive reminders when it's time to send progress video & photos and advance to next aligner.**

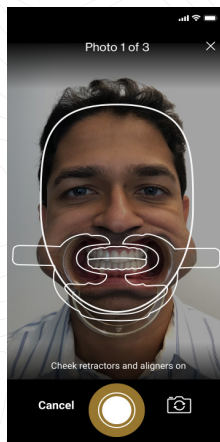
**+ Once you've submitted your photos, your doctor will review and provide feedback and any additional instructions.**

**+ Your doctor may provide you with cheek retractors.**

These help the doctor see more of your smile in order to determine how your treatment is progressing.



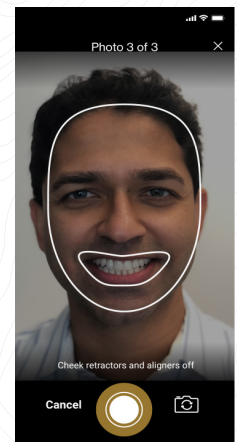
180° video with cheek retractors and aligners on



Aligners and cheek retractors on, with a slightly open bite



Aligners off and cheek retractors on, biting down completely



Smiling with aligners and cheek retractors off

**+ No retractors?**

If you do not currently have access to cheek retractors, upon your doctor's recommendation, and with your doctor's guidance, you may use two spoons as a temporary alternative until you can access cheek retractors. Remember to always exercise caution!



180° video with "cheek retractor" spoons and aligners on and a slightly open bite



Aligners off and "cheek retractor" spoons, biting down completely

**+ This method may require the use of a buddy. Simply click on the "switch camera" icon at the bottom of your screen, and have a friend take your photos for you!**





## Receiving feedback

Your doctor will provide one of two types of feedback after reviewing your photo submission: “On track” or “Instructions.” See below for more details.

### + On track

Nice work! Your doctor has indicated that your new smile is progressing according to your custom treatment plan. Continue wearing your aligners as directed.



### + Instructions

Your doctor may provide additional guidance, such as wearing your current aligner for additional time or using chewies. Always follow your doctor's guidance to keep your new smile on track.

Tap the “Update Settings” button to make any adjustments to your aligner wear schedule per your doctor's instructions.



## Don't forget to explore the app.



Try the wear timer to track your aligner wear time and keep your doctor informed.



Use the appointment tracker to keep track of upcoming appointments.



View and share your progress video and before & after photos with friends and family.